

**BIO DATA  
of  
LOITONGBAM PARINGANBA**

**National School of Drama, New Delhi  
2011 Batch  
(Specialization in Theatre Techniques and Design)**

**ADDRESS  
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**BIO-DATA**  
Of  
**LOITONGBAM PARINGANBA**



**Birth and childhood years in Theatre**

1984 -Born at Imphal, Manipur. Eldest son of Shri Loitongbam Dorendra, theatre director and Smt L.Chaoba Devi, traditional singer and performer.

1992-99 -Started acting at tender age of 8 years in the play 'Mitkap Thokpa' (awakening), a propaganda play on public Distribution system written and directed by his father Loitongbam Dorendra. In his school days, Paringanba took part in Cultural activities by reciting poem and sing songs.

**General Education :**

Sl.	Qualification	Name of the institution	Board/University	Year of Passing
1	X	C.C. Hr. Sec. School	BOSEM	1999
2	XII Sc.	Little Rose Higher Sec. School	COHSEM	2001
3	B.A.(Gen)	Presidency College	Manipur University	2008

**Advance Study:**

2008-2011 -Studied at National School of Drama (NSD), New Delhi and graduated from the school with specialization in Theatre Technique and Design in 2011.

**Gurus and Practitioners with whom Paringangba associated and got training :**

During his early years Paringanba got guidance in the field of acting from his father Loitongbam Dorendro. He got training under Kshetri Jugindro, NSD graduate, participating in a 3 month theatre workshop in 2001 organised by Manipur Artist Union. He acted the role of Sanjay in the play Andha Yug, a workshop production. He got further theatrical training from Dr.S. Thaninleima another NSD graduate. He also got training in Martial arts at Huyel Lalong Manipur Thang Ta Cultural Assn. Under the guidance of its Principal Guru G.Gorakishore Sharma during 2002-2004.

He has also work with many eminent theatre Directors namely Anuradha Kapur, Kriti Jain, Robin Das, Dinesh Khana , Ranjit Kapoor, Santanu Bose, Abhilash Pillai, Syed Jamil Ahmed, Denis Maillefer, Peter Cook etc.

**Acheivement and Contribution in Theatre:**

- |      |  |
|------|--|
| 1992 | - Acted in the play ‘ Mitkapthokpa’ as a child artist.   |
| 1995 | - Acted in the play ‘Taj Mahal’(Wri-G.C.Tongbra; Dir-Loitongbam Dorendra) in the role of Shah Jaahan.  |
| 1998 | - Acted in the play ‘Bhoot amasung Maikhum’(Devil and mask) Wri-Th. Ibopishak;Dir: Loitongbam Dorendra) in the lead role.  |
| 2000 | - Acted in the play ‘Andha Yug’( Dir- Kshetri Jugindro) in the role of Sanjoy.   |
| 2004 | - Acted in the play Mangal Yaodraba Numit (Rayless Sun) (Wri: Kshetri Sanajaoba; Dir: loitongbam Dorendra)<br><br>- Acted in the play ‘Bhagavatajjukam’ (Wri: Bodhayan; Dir S.Thaninleima) in the role of Sandilya |
| 2005 | - Acted in the play ‘Tamna’ (Wri: Haonbam Tomba; Dir:Loitongbam Dorendra ) in the role of Thoiba.  |
| 2006 | - Acted in the play ‘Macbeth’ (Wri: Shakespeare ; Dir: S.Thaninleima) in the role of Seward.<br>- Acted in the play ‘Saidangbira’(Wri: Dr. M. Priyobrata; Dir: Loitongbam Dorendra) in the role of Tamfajao.       |

- 2011-12 - Fellowship under National of Drama, New Delhi.
- 2012 - Acted and won the best actor award in the play ‘Yeengalei’  
(Wri: Sudhir Angom; Dir: L. Dorendra)
- 2015 - Acted in the play ‘Moirang Parva (written & direction-  
Loitongbam Dorendra) in the role of Nongban (Antagonist)
- 2018-19 - Junior Fellowship under CCRT, Ministry of Culture.

### **Participation in National Theatre Festivals:**

Paringanba participated as an actor in the Bharat Rang Mohatsavs orgd. by NSD in the plays Bhoot Amasung Maikhum (2000), Ei Ngaoba Nate( 2003), Macbeth(2005). As a director he participated in the 14<sup>th</sup> Bharat Rang Mahotsav -2012 with his play ‘Mirage’ (Script & Direction – Loitongbam Paringanba ) the play depicts the ordinary people’s longing for peace and order within a chaotic environment.

As a director he also participated in the 10<sup>th</sup> Abhinaya National Theatre Festival Hyderabad 2015 with his play ‘Nongban Soura’ (Script & Direction – Loitongbam Paringanba) the play depicts the relation between the master and the servant and deconstruction of this relation.

The same play also participated in Octave(WZCC), Navodit(EZCC) and National Poorvottar Rang Utsav 2016 organised by NSD in four different cities namely Delhi, Jammu, Amritsar and Bengaluru. His play Mannequin participated in the 11<sup>th</sup> Poorvottar Natya Samaroh 2019 at Golaghat Assam. His play Hey Chatlo has participated in the Poorvootar Rastriya Theatre Festival 2022.

### **Foriegn Tour**

- 2010 - Visited Beijing (China) in connection with Asian Theatre Education Centre ATEC 5<sup>th</sup> international Forum with Asian Theatre Schools Festival.
- 2015 - Visited Dhaka (Bangladesh) in connection with 1<sup>st</sup> International Indigenous Theatre Festival 2015

### **As a Playwright**

As a playwright Paringanba has written five plays-

- (1) MIRAGE
- (2) MANNEQUIN and
- (3) NONGBAN SOURA (The Master and The Servant)
- (4) Hey Chatlo (go away)
- (5) Bonsai
- (6) Rashomon Network

**As a Director**

Plays under Paringanba's direction are-  
Mirage (2011),  
Mannequin (2012),  
Chini Nukhung (Agartala, 2013),  
Nongban Soura( the master and the servant) (2014)  
Marriage Bureau (2017) and  
Hey Chatlo(go away) 2018  
Bonsai (2019)  
Rashomon Network is his eighth directorial venture.

**Teaching Experience**

Six years teaching experience in theatre design, direction and acting as Guest Faculty in theatre department Manipur University of Culture. He also visited in NSD centres namely Tripura, Sikkim and Varanasi.

**Other Important Information**

Paringanba conducted many production oriented theatre workshops organised by NSD, New Delhi. As a workshop production he directed the play **Mannequin, Nongban Soura and Bonsai** as a postmodern theatre style. He also works with the people of different culture. He conducted theatre workshop with tribes of Tripura producing the play '**Chini Nukhung**' with their native language. He also visited many Northeast part of India as an expert faculty for theatre workshop some of the state are Tripura, Dimapur, Arunachal Pradesh, Mizoram etc. He also participated in National Poorvottar Rang Utsav organised by NSD, performing at four states namely Delhi, Jammu, Amritsar and Bengaluru. He is also a visiting faculty in NSD Sikkim and NSD Tripura. He was appointed as Technical Coordinator for the 8<sup>th</sup> Theatre Olympics, 2018 at Agartala. His play "Hey Chatlo" has performed in 5 shows project in Jharkhand and West Bengal organized by NSD and recently the same play has performed in the Poorvottar Rashtriya Theatre Festival 2022. At present he is working on Postmodern Theatre approach and he is an Artistic Director at Imphal Theatre Manipur.

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