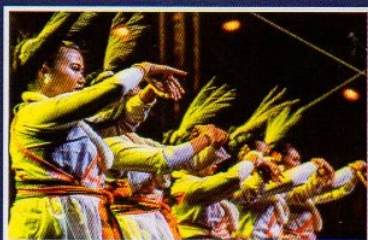
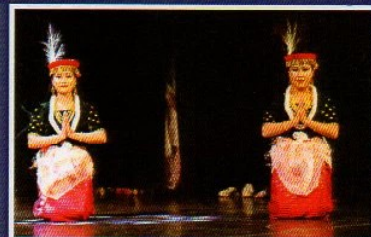


ए०मए०न म०या०र ०६००० न०-६०६६

राष्ट्रीय खेल दिवस-2025  
NATIONAL SPORTS DAY-2025

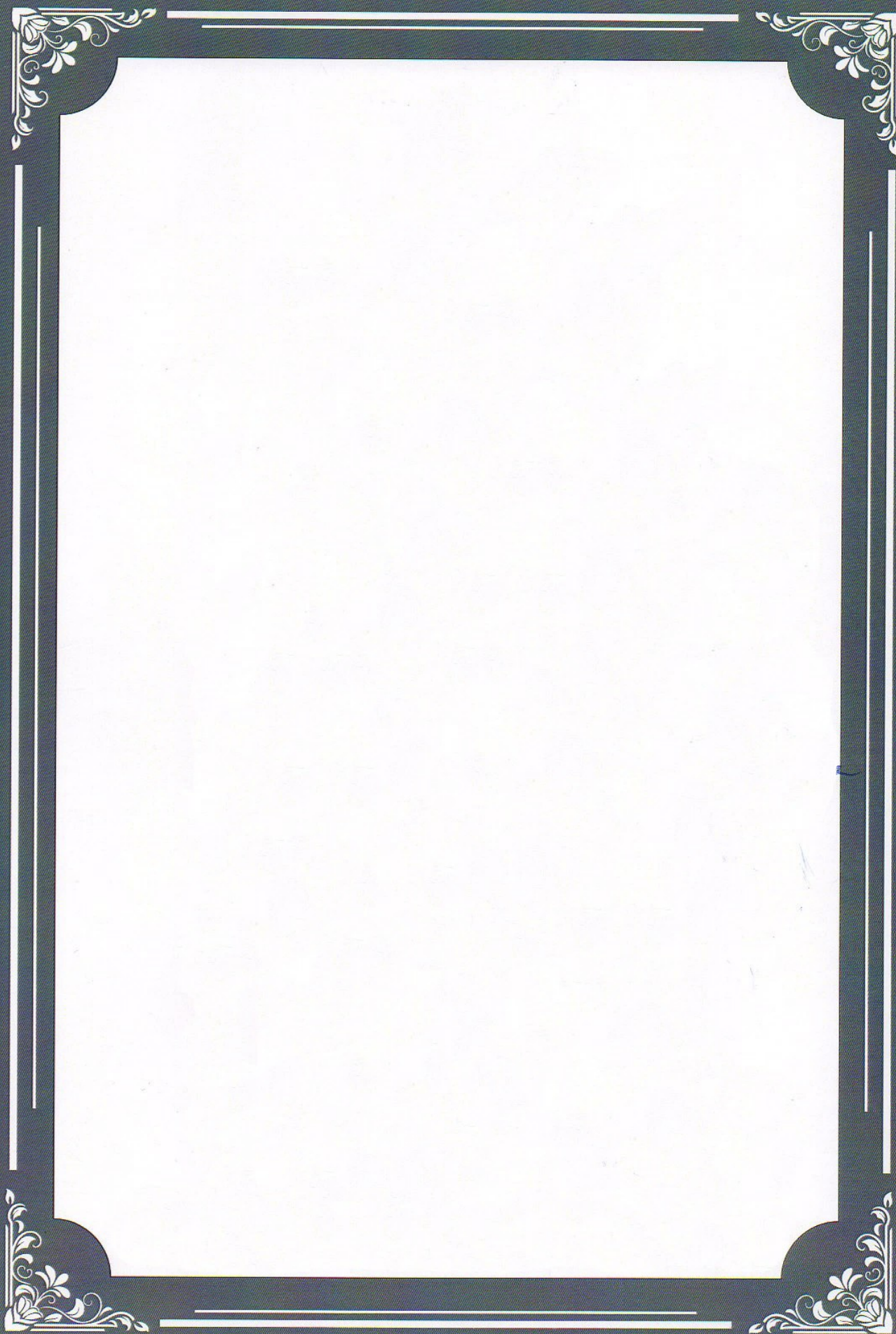
(एक घंटा खेल के मैदान में।)



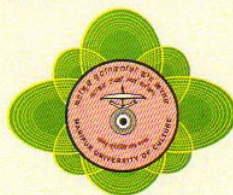
मणिपुर संस्कृति विश्वविद्यालय  
Manipur University of Culture

29th August to 31 August 2025









ꯀꯪꯂꯩꯃꯪ — ꯇꯪꯏꯃꯩ ꯏꯛꯄꯩ ꯀꯪꯂꯩꯃꯪ  
**MANIPUR UNIVERSITY OF CULTURE**  
मणिपुर यूनिवर्सिटी ऑफ कल्चर (ESTD - 2015)

मणिपुर यूनिवर्सिटी ऑफ कल्चर म्यूक की स्थापना 2015 में मणिपुर सरकार द्वारा इंफाल में एक राज्य सार्वजनिक विश्वविद्यालय के रूप में की गई थी और शिक्षण प्रशिक्षण और अनुसंधान के माध्यम से भारतीय और मणिपुरी कला और संस्कृति के क्षेत्र में ज्ञान को बढ़ावा देने और आगे बढ़ाने के लिए इसके प्रारंभिक शिक्षण कार्यक्रम मौजूदा भवनों में आयोजित किए गए थे

The Manipur University of Culture (MUC), a state public university in Imphal, was established in 2015 by the Government of Manipur to promote Indian and Manipuri art and culture through teaching, training, and research. Initially, MUC utilized the buildings of the Imphal Art College, Government Dance College, and Government Music College for its academic programs, which began on September 20, 2016. The university's mission is to disseminate knowledge about India's rich cultural heritage, with a specific focus on Manipuri culture, and it is located in the Department of Art and Culture building complex at the Palace Compound. Key Aspects Establishment: Founded in 2015, with its first academic session starting in September 2016. Purpose: To be a model institution for art and culture studies, focusing on teaching, training, and research in Indian and Manipuri culture. Location: The university's office is situated in the Department of Art and Culture building complex at the Palace Compound in Imphal. Initial Infrastructure: Utilized existing facilities at the Imphal Art College, Government Dance College, and Government Music College. Activities: Offers BA, MA & PhD courses in disciplines like English, Manipuri, Culture Studies, Umanglai Haraoba, Sanskritana Dance, Music, Thang-Ta, Theatre, Tribal Studies, and Visual Arts. Status: A recognized state public university and a teaching and affiliating university under the Government of Manipur.



Dr Lourembam Surjit Singh  
Director, CDC and Deputy Registrar, MUC

Shri Laishram Radhakanta  
Registrar, MUC

Prof Paonam Gunindro Singh  
Vice-Chancellor, MUC



Left to Right, Prof. Paonam Gunindro Singh, Vice-Chancellor Manipur University of Culture,  
Maharaja Leishemba Sanajaoba, Hon,ble Member of Parliament, Rajya Sabha, Dr. M. Veto,  
Director Youth Affairs and Sports, Govt. of Manipur



WATCH LIVE

SK TV NEWS



རྒྱལ་ཁྱེད་ཀྱི་སྐྱེ་ཁུངས་ཀྱི་འཕེལ་རྒྱས་ལྷན་ཁྲིའི་པོ་



# NATIONAL SPORTS DAY 2025

DATE: 29<sup>TH</sup> AUGUST 2025

VANUE: MUC EXTENSION CAMPUS, CANCHIPUR

The indigenous game of Manipur Mukna Kangjei was played on the Opening Day of the National Sports Day 2025. The game is a very rare and unique combination of kangjei Cane Bamboo Stick and mukna (a form of Manipuri wrestling). It requires stamina, speed and agility, which reflects the martial tradition of the Manipuri's.



LIVE FROM MUC EXTENSION CAMPUS, CANCHIPUR





Dignitaries Lighting The Inaugural Lamp.



Dignitaries Lighting The Inaugural Lamp.





Dr Nganbi Chanu Graced The Dignitaries With Lengyan Phee



Dr Nganbi Chanu Graced The Dignitaries With Lengyan Phee





Speech by the dignitaries on the occasion of  
National sports day 2025, ek ghanta khel ke medan main



Speech by the dignitaries on the occasion of  
National sports day 2025, ek ghanta khel ke medan main





Speech by the dignitaries on the occasion of National sports day 2025, ek ghanta khel ke medan main



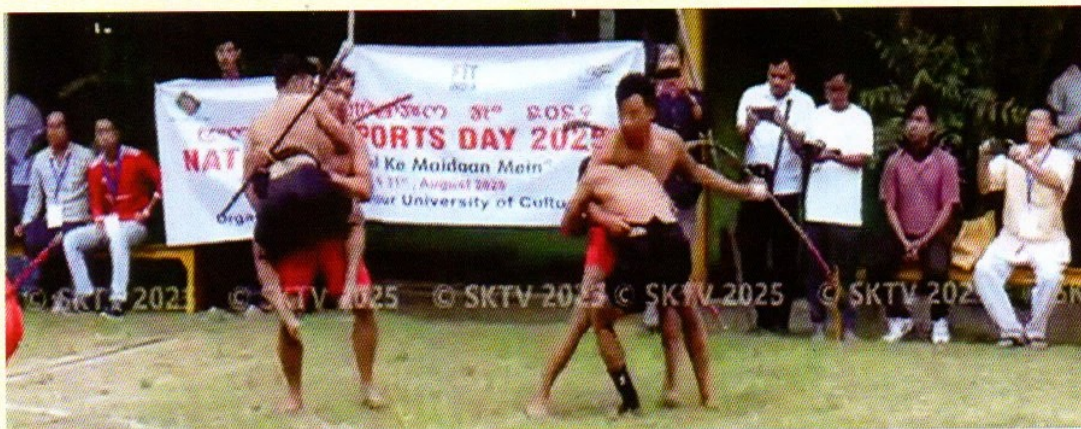
Group Photo Students with Dignitaries and Officials of National Sports Day 2025 MUC



Sport Events on 29 August 2025



Maharaja Leishemba Sanajaoba, Hon'ble Member of Parliament (Rajya Sabha), throwing the **Kangdrum** (ball), known as **Hantre Hunba**, signifying the commencement of the traditional games **Mukna Kangjei**.



Display of **Mukna Kangjei** Telecast on SKTV Live ( 29<sup>th</sup> August 2025 )





*Mukna Kangjei- Manipuri Kang Drum (Ball) played by opponents in a form allied with wrestling*



*Mukna Kangjei- Manipuri Kang Drum (Ball) played by opponents in a form allied with wrestling*





Indigenous Game of *Mukna Kangjei* National Sports Day-2025 MUC





### Fencing Competition

After the indigenous game *Mukna*, there was a programme of fencing bout among the students of *Thang-Ta* (Manipuri Martial Art of Spear and sword) department of Manipur University of Culture.



Live Telecast at SK TV

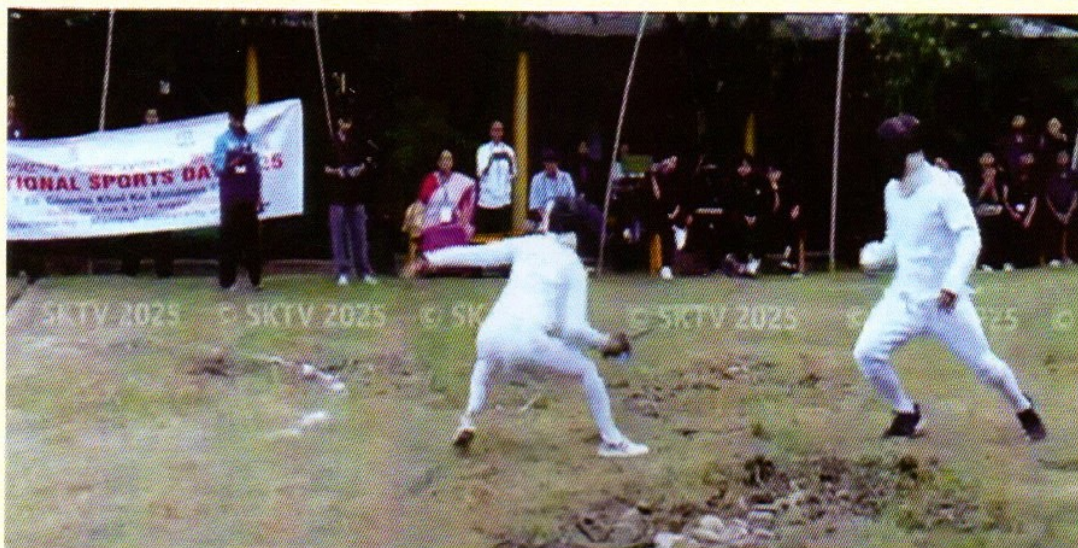






Photo Session with Fencing Player and Officials



"Blessing the Official of Muc on the Occasions of National Sports Day 2025"





**Dr Irom Robindro Singh, Coordinator  
Committee NSD (MUC)-2025 OBSERVANCE OF NATIONAL SPORTS DAY 2025  
"Ek Ghanta Khel Ke Maidaan Mein"**



**"अब हम उद्घाटन समारोह का समापन करते हैं।"  
End Opening Ceremony**







Students of Thang -Ta Department  
(Department of Thang Ta Martial Art)  
*Cheibi Competition*

***Cheibi yendamnaba*** (Cheibi fighting) competition is one of the oldest martial arts of Manipur. In this game instead of Sword stick coated with soft leather with shield are used. For the Meetei's, Cheibi fighting is not a simple game it is s an important cultural and historical martial art of Manipur, representing the rich tradition of indigenous martial of the people of Manipur.



Dr Aheibam Rishikesh as referee of ***Cheibi Yendamnaba***





Students of Manipur University of Culture



Dr Aheibam Rishikesh as referee of *Cheibi Yendamnaba*



## 1. Girls Competitors



## 2. Boys Competitors



Dr Aheibam Rishikesh as referee of *Cheibi Yendamnaba*





*Cheibi Yendamnaba*



*Mukna, Manipuri Wrestling*





Winner of the *Mukna*



*Yubi Lakpi* ( Snatching of Coconut)





Players of Yubi Lakpi

*Yubi Lakpi Game:*

It is an indigenous Manipuri Game, yubi lakpi means 'Coconut Snatching, which serves as an ancient form of rugby played with coconut instead of ball. Played barefoot and the body of the players are smeared with mustard oil as well as the coconut to make difficult to grip the coconut.



Students and faculties of MUC cheering the players



## TUG OF WAR



Dr Pukhrambam James as referee of Tug of War



Tug of War

Deptt. of Culture Studies Vs Thang- Ta Deptt. MUC

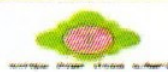


### Ishing Poon Lamjel

A game of race which is generally played by the girls. Each girl puts an earthen pitcher with water full to the brim on her head and join the race. Water should not be overflowed while running. The game requires high practice of balancing whole body and full of concentration







**FIT  
INDIA**



ཏོགཏོག ལྷ་མཚན་ལོ་རྒྱུས་ཀྱི་ རྒྱུ་རྒྱུ་  
**OBSERVANCE OF  
NATIONAL SPORTS DAY 2025**

"Ek Ghanta Khel Ke Maidaan Mein"

Date : 29<sup>th</sup>, 30<sup>th</sup> & 31<sup>st</sup>, August 2025

Venue :

MUC Extension Campus, Canchipur

Organised by :

**Manipur University of Culture**

Palace Compound, Imphal, Manipur

In Collaboration with University Grants Commission, Ministry of Education, Govt. of India



**Closing Day Ceremony**

**समापन दिवस समारोह**

"President / Vice-Chancellor, Manipur University of Culture" Prof. P. Gunindro

Chief Guest: Deputy Registrar, Manipur University of Culture, Dr Lourembam Surjit Singh,

Guest of Honour Okram Manglem Meitei





On the closing function of the sport, it was followed by *Ta-Khousaba*, the Sacred Spear Dance which is considered as a sacred ritual part of the martial art Thang-ta. The performer is shouting "I,...Thy servent, performing this Khousarol Maram Maram Nungshitpa for bringing peace, prosperity and tranquillity of the people of the State





The sacred Ta Khausaba was performed by a student of hang-TaMartial Art of Thang Ta Department. The costume wearing by the performer is a traditional costume of Thang-Ta. It is believed that the particular Khausarol bring peace, prosperity and tranquillity in the State



## National Sports Day 2025, MUC



MANIPUR UNIVERSITY OF CULTURE

PALACE COMPOUND, IMPHAL EAST-795001

NATIONAL SPORTS DAY 2025

एक घंटा खेल के मैदान में

Certificate of Appreciation

This is to certify that Dr./Shri/Smt. *Moirangthem Indrajit Singh*  
Department of *Culture Studies*.....has taken a very commendable role  
as a member of the Observation Committee of the National Sports Day of MUC  
which was held from 29<sup>th</sup> to 31 August, 2025

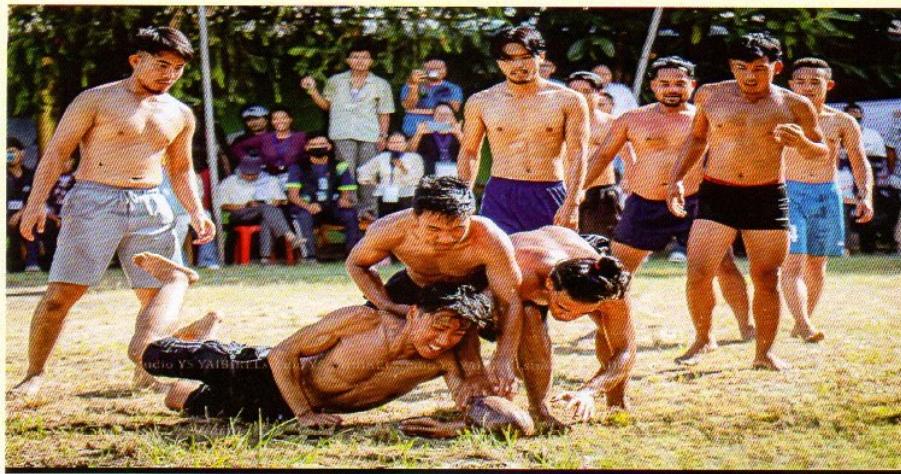
*P. Gunindro Singh*  
Prof Paonam Gunindro Singh  
Vice-Chancellor

Special Certificate of Appreciation to Moirangthem Indrajit Singh,  
student of M.A. 3<sup>rd</sup> Semester, Culture Studies Department who has  
dedicated his time and effort in coordinating, organising and  
participating in the programme to make National Sports Day 2025 a  
resounding success.





Traditional Game of Manipur (*Yubi Lakpi*)



Traditional Game of Manipur (*Yubi Lakpi*)



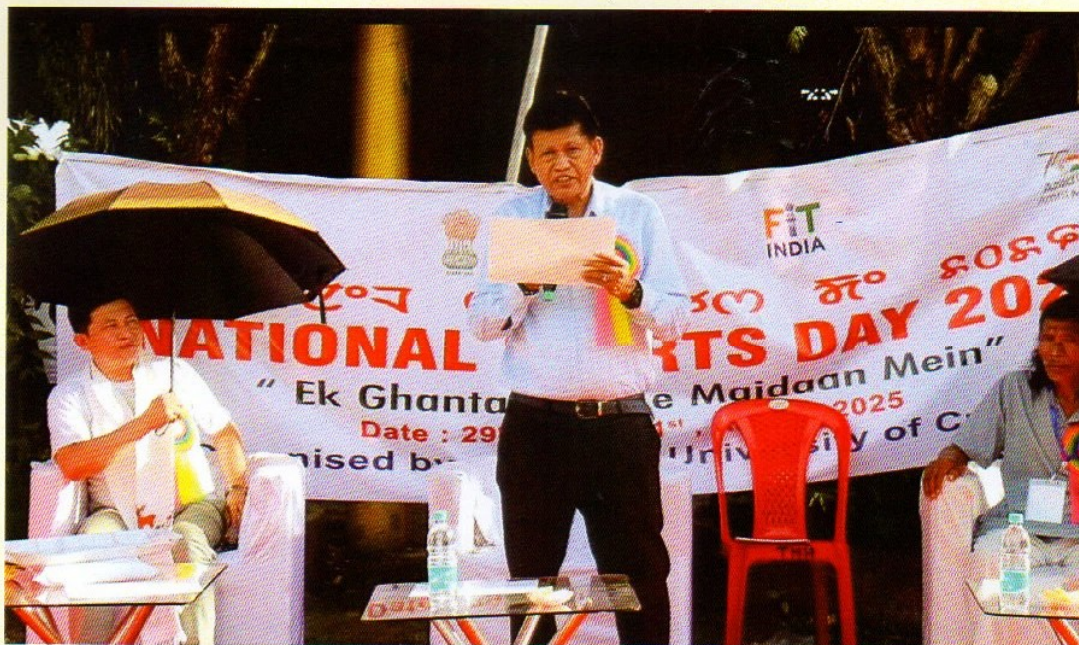
Traditional Game of Manipur (*Yubi Lakpi*) and *Mukna*





Traditional Game of Manipur Mukna (Final Day)





Speech by the Dignitary – Closing Ceremony, National Sports Day 2025  
 Vice-Chancellor, Manipur University of Culture” Prof. P. Gunindro  
 Deputy Registrar, Manipur University of Culture, Dr Lourembam Surjit Singh.





Distribution of Certificates of Appreciation





Distribution of Certificates of Appreciation





Distribution of Certificates of Appreciation





Distribution of Certificates of Appreciation









Closing Day Ceremony with Traditional Cultural Folk Dance Performances





Group Photo of Students and Faculties of MUC with Hon'ble MP Rajya Sabha





Anchor opening to Closing Ceremony  
 Loitongbam Barashyam Singh, MA Culture Studies, Department of Culture Studies.  
 Linthoi Wahengbam Research Scholar  
 Umanglai Haraoba Manipur University of Culture



Dr Lourembam Surjit Singh, Deputy Registrar MUC









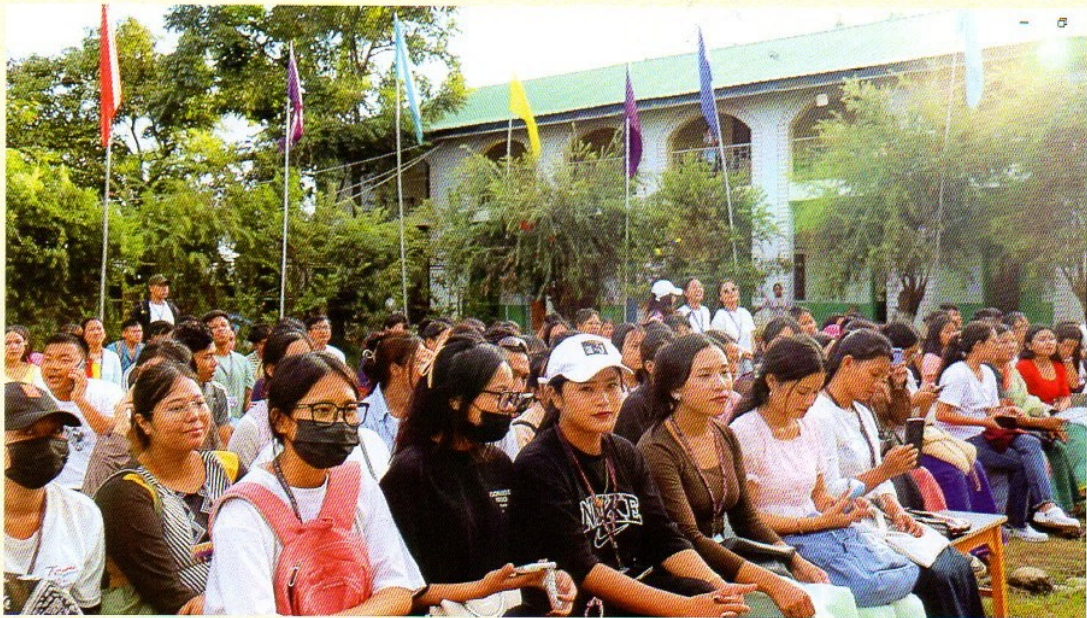
















Vineet Joshi, IAS, is the Secretary of the Department of Higher Education,  
Ministry of Education, and the Chairman of the UGC.  
Sohan Giri and with M. Indrajit Singh, President & Patron,  
Rashtrahit Sarvopari Sangathan (Nation First).  
Head Office: 114, Satya Niketan, New Delhi - 110021





## **COURSES OFFERED IN MANIPUR UNIVERSITY OF CULTURE:**

**Post Graduate (P.G.) Degrees in:**

NAME OF DEPARTMENTS		HEAD OF DEPARTMENT
1.	Umanglai Haraoba	<b>Dr Nganbi Chanu</b> Assistant Professor Head, Department of Umanglai Haraoba
2.	Dance	<b>Dr Lourembam Surjit Singh</b> Heads, Department of Dance
3.	Folk and manipur traditional Music.	<b>Dr Lourembam Surjit Singh</b> Heads, Department of Music (Folk and Manipuri Traditional Music)
4.	Hindustani Music.	<b>Dr Lourembam Surjit Singh</b> Heads, Department of Music (Hindustani Music)
5.	Thang-Ta	<b>Dr Yengkhom Sanjtkunhar Singh</b> Assistant Professor Head, Department of Thang-Ta
6.	Sankirtana	<b>Shri Thokchom Ritankumar Singh</b> Assistant Professor Head, Department of Sankirtana
7.	Theatre	<b>Smt Toijam Shila Devi</b> Assistant Professor Head, Department of Theatre and Performance Studies
8.	Visual Arts	<b>Dr A. Hemant Singh</b> Head i/c), Department of Visual Art
9.	Tribal Studies	<b>Dr C.D. Aimol</b> Assistant Professor Head, Department of Tribal Studies
10.	Culture Studies	<b>Dr Surekha Longjam</b> Assistant Professor Head, Department of Culture Studies
11.	English	<b>Dr Sujata Huidrom</b> Assistant Professor Head, Department of English
12.	Manipuri	<b>Dr Wangkeirakpam Angela Devi</b> Assistant Professor Head, Department of Manipuri